



Kootenai
**Community
Centre**
Society



Walk a Mile in Her Shoes® KCCS
Registration 2022 individual or team (5 or more people)
Walk date: Saturday, June 11, 2022, 1:00pm

(Please Print)

Team Name (if applicable): _____

Individual Name(s): _____

Need Shoes? _____ Shoe Size: _____

Email: _____

Phone: _____

Address: _____

City: _____ Province: _____

Postal Code: _____

Waiver:

I accept and fully assume all such health and safety risks, dangers and hazards which may be associated with my participation in Walk a Mile in Her Shoes. I consent that my name and any photos or video taken of me at this event can be used by Kootenai Community Centre Society without compensation.

Signature: _____

This form must be signed and handed in or emailed to rhondabruys@gmail.com . Registration will also be available at 12:30 pm at the event (but in advance saves time!).

walkamileinhershoes.org
kootenaicommunitycentre.org

KCCS:

Kootenai Community Centre Society is a non-profit organization and registered charity. We provide various programs and services to women and their families within the Creston Valley and east shore of Kootenay Lake.

The main focus is towards our Stopping the Violence programs, which provide a safe, secure, and supportive environment for women and their children who are victims of domestic violence, are in crisis, or in need of a housing alternative. We can be accessed 24 hours a day, 7 days a week.

Our vision is to assist and empower women and their families to live without violence— which exemplifies safety, equality, dignity for everyone involved.

Why walk?

Since 2001, men, women, and their families around the world have joined award-winning Walk a Mile in Her Shoes®: The International Men's March to Stop Rape, Sexual Assault & Gender Violence. It is a dramatic opportunity to raise awareness in your community about the serious causes, effects, and remediations to men's sexualized violence.

Why men in women's high-heeled shoes? We ask men to walk in women's high-heeled shoes to actively confront gender stereotypes and expectations. In this space of playful confrontation and openness, it's possible to reveal and consider many of the underlying causes of men's sexualized violence with less defensiveness and denial.

There is an old saying: "You can't understand another person's experience until you've walked a mile in their shoes." To get people listening, learning, and talking, Walk a Mile in Her Shoes® education events organize around men literally walking one mile in women's high-heeled shoes. It's not easy walking in these shoes, but it's an experience around which a lot of education, self-reflection, and change happens. It's impressive to see such a visually stunning public statement of listening, learning, allyship, and commitment. It's an engaging event that gets the community talking about sex and gender biases, gender identity, gender relations, and men's sexualized violence.

2022:

Last year we had to go virtual. This year, we're back to a live event! On June 11, individuals and teams will walk down Canyon St. for one mile in heels or red sneakers. Prizes will be awarded for the most pledges. Heels will be provided if you need them (available at the event).

For more information email Rhonda Kirby rhondabruys@gmail.com